

**Honolulu FDM Module 1 Seminar:
Introduction to the FDM-Shoulder, Knee, Ankle
Center for Osteopathic Research & Education-Core FDM
Presents: FDM Module 1 Seminar**

November 2-4, 2018

Location

University of Hawaii at Manoa
Duke Kahanamoku Pool Complex B-108/Athletic Training Lab
1337 Lower Campus Road
Honolulu, HI 96822
Friday November 2, 2018 from 5 PM - 9:30 PM
Saturday and Sunday, November 3-4, 2018: 8 AM - 5 PM

Course Fees

Cost of Course includes lunch and the book: *Why Does It Hurt?*

AFDMA Member - \$700

Residents - \$450

Active Military - \$600

Medical Students (DO/MD) - \$250

Nonmembers - \$950 **(or consider joining AFDMA when you register and save \$50 today!)**

Repeat Course Attendee* (AFDMA Member) - \$450

Repeat Course Attendee* (AFDMA Non-Member) - \$550

*Repeat Course Attendees will be verified before acceptance into the course.

EARLY BIRD REGISTRATION

Discount 10% for registrations received before Midnight October 5, 2018

Have multiple registrants attending from the same office location?

CORE-FDM is offering a discount for offices with multiple registrants from the same office location. Here is the breakdown:

- 3 to 4 registrants from same office - \$100 of each registration (member or non-member rate)
- 5 and over - \$150 off each registration (member or non-member rate)

Discount will be applied after registrations have been verified and depending on the registration type, the appropriate refund will be issued through PayPal back to the registrants from same office location. Questions regarding this discount, please contact La'Shawn Singleton, Office Manager at lsingleton@christianhealth.org

Cancellation Policy

Full Refund on or before 10/19/2018, 50% Refund 10/20/2018 - 10/26/2018.
No refund after 10/27/2018. However, course fee can be applied to future course.

Hotel Reservations

CORE-FDM has **not** established a room block at any hotel in Honolulu allowing registrants the opportunity to stay anywhere. It is highly recommended that a hotel reservation be made as soon as you register as hotel rooms are sometimes very hard to come by in Honolulu and surrounding area at that time of the year.

CME Hours

The AFDMA has requested that the AOA Council on Continuing Medical Education approve this program for 20 credits of AOA Category 1A CME credits. Approval is currently pending.

All other healthcare professionals must submit their seminar certificate to their licensing organization to receive CEUs. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Program Schedule

Friday, November 2, 2018

5:00-5:30 PM Registration
5:30-9:30 PM Introduction to the FDM, History, Terminology, Fascia, the Fascial Distortions

Saturday, November 3, 2018

8:00-9:30 AM Diagnosis of Fascial Distortions/Clinical Progression
9:30-10:15 AM General Treatment of Fascial Distortions – Theory-TB & HTP
10:15-11:10 AM Hands-on Treatment of TB's & HTP's
11:10-12:00 PM Live Patients
12:00-1:00 PM Lunch
1:00-1:45 PM General Treatment of Fascial Distortions – Theory-CD & FD
1:45-2:30 PM Hands-on Treatment of CD & FD
2:30-3:10 PM General Treatment of Fascial Distortions – Theory-CyD & TF

3:10-3:45 PM Hands-on Treatment of CyD & TF
3:45-4:30 PM Diagnosis and Treatment of Shoulder Conditions According to the FDM
4:30-5:00 PM Live Patients

Sunday, November 4, 2018

8:00-9:30 AM Treatment of Shoulder Conditions Practicum
9:30-10:00 AM Diagnosis and Treatment of Sprained Ankles According to the FDM-Theory
10:00-10:45 AM Treatment of Ankle Sprains Practicum
10:45-12:00 PM Live Patients followed by discussion of treatments
12:00-1:00 PM Lunch
1:00-2:00 PM Diagnosis and Treatment of Knee Conditions According to FDM Theory
2:00-3:30 PM Treatment of Knee Conditions Practicum
3:30-4:30 PM Live patient followed by discussion of treatment
4:30 -5:00 PM Questions, wrap-up

Breaks to be inserted as needed.

Lead Instructor: Byron Perkins, DO; Kenneth Nakasone, PT, PhD, FDM-IC, ATC, CSCS